

**PepsiCo**

Category	Company	Brand	Variety	Serving size (oz)	Calories (kcal)	Fat (g)	Sodium (mg)	Sugar (g)	Fiber (g)	Protein (g)	Shot	Subcategory	Child product	Child brand	% Juice	Caffeine present	Caffeine (mg)	Artificial Sweeteners	Artificial Colors
Energy drinks	PepsiCo	Amp	AMP Energy	8	110	0	65	29	0	0	0	Full-calorie	No	No	-	Yes	71	No	No
Energy drinks	PepsiCo	Amp	AMP Energy Elevate	8	110	0	70	29	0	0	0	Full-calorie	No	No	-	Yes	80	No	No
Energy drinks	PepsiCo	Amp	Amp Energy Juice- Orange	8	127	0	30	27	0	0	0	Full-calorie	No	No	100	Yes	81	No	No
Energy drinks	PepsiCo	Amp	AMP Energy Lightning	8	110	0	70	29	0	0	0	Full-calorie	No	No	-	Yes	80	No	No
Energy drinks	PepsiCo	Amp	AMP Energy Overdrive	8	110	0	70	29	0	0	0	Full-calorie	No	No	-	Yes	80	No	No
Energy drinks	PepsiCo	Amp	AMP Energy Sugarfree	8	5	0	75	0	0	0	0	Diet	No	No	-	Yes	80	Yes	No
Energy drinks	PepsiCo	Amp	AMP Energy Sugarfree Lightning	8	10	0	75	0	0	0	0	Diet	No	No	-	Yes	80	Yes	No
Energy drinks	PepsiCo	Amp	AMP Energy Traction	8	110	0	70	29	0	0	0	Full-calorie	No	No	-	Yes	80	No	No
Flavored water	PepsiCo	Propel Zero	Berry	8	10	0	30	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Cherry Lime with calcium	8	10	0	25	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Citrus Punch with calcium	8	10	0	25	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Grape	8	10	0	30	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Kiwi-Strawberry	8	10	0	30	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Lemon	8	10	0	30	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Lemonade with calcium	8	10	0	25	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	Propel Zero	Raspberry Lemonade	8	10	0	30	2	0	0	0	Light	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	SoBe	Lifewater- Agave Lemonade (antioxidants)	8	40	0	20	10	0	0	0	Full-calorie	No	No	-	No	0	No	No
Flavored water	PepsiCo	SoBe	Lifewater- Blackberry Grape (antioxidants)	8	40	0	20	9	0	0	0	Full-calorie	No	No	-	No	0	Yes	No
Flavored water	PepsiCo	SoBe	Lifewater- Orange Tangerine (antioxidants)	8	40	0	20	10	0	0	0	Full-calorie	No	No	-	No	0	No	No
Flavored water	PepsiCo	SoBe	Lifewater- Pomegranate Cherry (antioxidants)	8	40	0	25	10	0	0	0	Full-calorie	No	No	-	No	0	No	No
Flavored water	PepsiCo	SoBe	Lifewater- Strawberry Kiwi (antioxidants)	8	40	0	20	10	0	0	0	Full-calorie	No	No	-	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Bluberry Juice Cocktail	8	110	0	35	28	0	0	0	Full-calorie	No	No	15	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Cranberry Juice Cocktail	8	120	0	35	30	0	0	0	Full-calorie	No	No	27	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Cran-Grape Drink	8	120	0	80	31	0	0	0	Full-calorie	No	No	15	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Cran-Pomegranate Juice Drink	8	120	0	35	30	0	0	0	Full-calorie	No	No	15	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Ruby Red Grapefruit Juice Drink	8	110	0	65	28	0	0	0	Full-calorie	No	No	30	No	0	No	No
Fruit drinks	PepsiCo	Ocean Spray	Strawberry Kiwi Juice Drink	8	120	0	40	25	0	0	0	Full-calorie	No	No	25	No	0	No	No
Fruit drinks	PepsiCo	SoBe	Elixirs- Black & Blue Berry Brew	8	120	0	30	30	0	0	0	Full-calorie	No	No	1	Yes	2	No	Yes
Fruit drinks	PepsiCo	SoBe	Elixirs- Citrus Energy	8	110	0	15	27	0	0	0	Full-calorie	No	No	-	Yes	32	No	Yes
Fruit drinks	PepsiCo	SoBe	Elixirs- Cranberry Grapefruit	8	100	0	20	26	0	0	0	Full-calorie	No	No	-	No	0	No	No
Fruit drinks	PepsiCo	SoBe	Elixirs- Mango Melon	8	120	0	15	29	0	0	0	Full-calorie	No	No	-	No	0	No	No
Fruit drinks	PepsiCo	SoBe	Elixirs- Orange Carrot	8	90	0	10	23	0	0	0	Full-calorie	No	No	9	No	0	No	Yes
Fruit drinks	PepsiCo	SoBe	Elixirs- Orange Cream Tsunami	8	100	0	25	24	0	0	0	Full-calorie	No	No	-	Yes	2	No	No
Fruit drinks	PepsiCo	SoBe	Elixirs- Pina Colada Liz Blizz	8	130	0	50	31	0	0	0	Full-calorie	No	No	-	No	0	No	No
Fruit drinks	PepsiCo	SoBe	Elixirs- Power Fruit Punch	8	100	0	25	27	0	0	0	Full-calorie	No	No	1	Yes	31	No	Yes
Fruit drinks	PepsiCo	SoBe	Elixirs- Strawberry Daiquiri Lizard Lava	8	120	0	30	30	0	0	0	Full-calorie	No	No	-	No	0	No	No
Fruit drinks	PepsiCo	Trop50	Farmstand Apple	8	50	0	15	12	0	0	0	Light	No	No	43	-	-	Yes	No
Fruit drinks	PepsiCo	Trop50	No Pulp	8	50	0	10	10	0	0	0	Light	No	No	42	-	-	Yes	No

**PepsiCo**

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Fruit drinks	PepsiCo	Trop50	No Pulp with calcium and vitamin D	8	50	0	10	10	0	0	0		Light	No	No	42	-	-	Yes	No
Fruit drinks	PepsiCo	Trop50	Pineapple Mango	8	50	0	10	11	0	0	0		Light	No	No	42	-	-	Yes	No
Fruit drinks	PepsiCo	Trop50	Pomegranate Blueberry	8	50	0	10	11	0	0	0		Light	No	No	42	-	-	Yes	No
Fruit drinks	PepsiCo	Trop50	Some Pulp	8	50	0	10	10	0	0	0		Light	No	No	42	-	-	Yes	No
Fruit drinks	PepsiCo	Tropicana	Berry Punch	8	120	0	10	29	0	0	0	Full-calorie	No	No	5	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Cranberry Cocktail	8	140	0	25	32	0	0	0	Full-calorie	No	No	27	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Fruit Punch	8	120	0	10	30	0	0	0	Full-calorie	No	No	5	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Grape	8	150	0	25	38	0	0	0	Full-calorie	No	No	30	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Grape Punch	8	120	0	25	29	0	0	0	Full-calorie	No	No	10	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Light Berry Punch	8	10	0	25	2	0	0	0	Light	No	No	4	-	-	Yes	No	
Fruit drinks	PepsiCo	Tropicana	Light Fruit Punch	8	10	0	25	2	0	0	0	Light	No	No	4	-	-	Yes	No	
Fruit drinks	PepsiCo	Tropicana	Light Lemonade	8	10	0	25	2	0	0	0	Light	No	No	8	-	-	Yes	No	
Fruit drinks	PepsiCo	Tropicana	Orangeade	8	130	0	0	30	0	0	0	Full-calorie	No	No	10	No	0	No	No	
Fruit drinks	PepsiCo	Tropicana	Peach Orchard Punch	8	130	0	10	31	0	0	0	Full-calorie	No	No	5	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Pineapple Orange	8	130	0	25	32	0	0	0	Full-calorie	No	No	30	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Pink Lemonade	8	100	0	65	27	0	0	0	Full-calorie	No	No	1	No	0	No	Yes	
Fruit drinks	PepsiCo	Tropicana	Ruby Red Grapefruit	8	130	0	15	29	0	1	0	Full-calorie	No	No	30	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Tropical Punch	8	130	0	10	29	0	0	0	Full-calorie	No	No	5	-	-	No	No	
Fruit drinks	PepsiCo	Tropicana	Twisters- Blue Raspberry Rush	8	110	0	25	27	0	0	0	Full-calorie	No	No	10	No	0	No	Yes	
Fruit drinks	PepsiCo	Tropicana	Twisters- Cherry Berry Blast	8	110	0	25	25	0	0	0	Full-calorie	No	No	10	No	0	No	Yes	
Fruit drinks	PepsiCo	Tropicana	Twisters- Orange Strawberry Banana Burst	8	130	0	25	26	0	0	0	Full-calorie	No	No	10	No	0	No	Yes	
Fruit drinks	PepsiCo	Tropicana	Twisters- Strawberry Kiwi Cyclone	8	120	0	25	30	0	0	0	Full-calorie	No	No	10	No	0	No	Yes	
Fruit drinks	PepsiCo	Tropicana	Twisters- Tropical Fruit Fury	8	140	0	25	24	0	0	0	Full-calorie	No	No	10	No	0	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Caffeine-Free Mountain Dew	8	110	0	40	31	0	0	0	Full-calorie	No	No	-	No	0	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Mountain Dew Code Red	8	110	0	70	31	0	0	0	Full-calorie	No	No	-	Yes	36	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Mountain Dew Live Wire	8	120	0	40	31	0	0	0	Full-calorie	No	No	-	Yes	36	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Mountain Dew Throwback	8	110	0	40	31	0	0	0	Full-calorie	No	No	-	Yes	36	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Mountain Dew Voltage	8	110	0	40	31	0	0	0	Full-calorie	No	No	-	Yes	37	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Moutain Dew	8	110	0	40	31	0	0	0	Full-calorie	No	No	-	Yes	36	No	Yes	
Regular soda	PepsiCo	Mountain Dew	Moutain Dew White Out	8	110	0	40	31	0	0	0	Full-calorie	No	No	-	Yes	36	No	No	
Regular soda	PepsiCo	Mug	Cream Soda	8	120	0	40	32	0	0	0	Full-calorie	No	No	-	No	0	No	Yes	
Regular soda	PepsiCo	Mug	Root Beer	8	100	0	40	29	0	0	0	Full-calorie	No	No	-	No	0	No	Yes	
Regular soda	PepsiCo	Pepsi	Caffeine Free Pepsi	8	100	0	20	28	0	0	0	Full-calorie	No	No	-	No	0	No	Yes	
Regular soda	PepsiCo	Pepsi	Pepsi	8	100	0	20	28	0	0	0	Full-calorie	No	No	-	Yes	25	No	Yes	
Regular soda	PepsiCo	Pepsi	Pepsi Natural	8	100	0	25	25	0	0	0	Full-calorie	No	No	-	Yes	25	No	Yes	
Regular soda	PepsiCo	Pepsi	Pepsi Throwback	8	100	0	25	27	0	0	0	Full-calorie	No	No	-	Yes	25	No	Yes	
Regular soda	PepsiCo	Pepsi	Pepsi Wild Cherry	8	100	0	20	28	0	0	0	Full-calorie	No	No	-	Yes	25	No	Yes	
Regular soda	PepsiCo	Sierra Mist	Sierra Mist Cranberry Splash	8	100	0	25	26	0	0	0	Full-calorie	No	No	-	No	0	No	Yes	

**PepsiCo**

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Regular soda	PepsiCo	Sierra Mist	Sierra Mist Natural	8	100	0	20	25	0	0	0	Full-calorie	No	No	-	No	0	No	No
Regular soda	PepsiCo	Tropicana	Grape	8	80	0	27	22	0	0	0	Full-calorie	No	No	1	No	0	-	Yes
Regular soda	PepsiCo	Tropicana	Orange	8	87	0	17	23	0	0	0	Full-calorie	No	No	1	No	0	No	Yes
Regular soda	PepsiCo	Tropicana	Strawberry	8	73	0	23	19	0	0	0	Full-calorie	No	No	1	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 01 Prime- Berry	8	67	0	73	15	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 01 Prime- Fruit Punch	8	67	0	73	15	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 01 Prime- Orange	8	67	0	73	15	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- Fruit Punch	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- Fruit Punch powder	8	50	0	100	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G Natural- Orange Citrus	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	No
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Berry	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Citrus Cooler	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Cool Blue	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Fruit Punch	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Fruit Punch + Berry	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Glacier Freeze	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Grape	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Lemonade	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Lemon-Lime	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Lime	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Melon	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Orange	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Orange-Strawberry	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Riptide Rush	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Strawberry	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Strawberry-Kiwi	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- G-Original- Tropical-Mango	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- Grape powder	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- Lemon-Lime powder	8	50	0	100	14	0	0	0	Full-calorie	No	No	-	No	0	No	-
Sports drinks	PepsiCo	Gatorade	G Series 02 Perform- Orange powder	8	50	0	110	14	0	0	0	Full-calorie	No	No	-	No	0	No	Yes
Sports drinks	PepsiCo	Gatorade	G Series 03 Recover- Mixed Berry	8	60	0	120	6	0	8	0	Full-calorie	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	Blueberry Pomegranate	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	Fruit Punch	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	G2 Natural- Berry	8	20	0	100	5	0	0	0	Light	No	No	-	No	0	Yes	No
Sports drinks	PepsiCo	Gatorade G2	Glacier Freeze	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	Grape	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	Lemon-Lime	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes
Sports drinks	PepsiCo	Gatorade G2	Orange	8	20	0	110	5	0	0	0	Light	No	No	-	No	0	Yes	Yes

PepsiCo

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Sports drinks	PepsiCo	Gatorade G2	Tropical Bend	8	20	0	110	5	0	0	0	Light	No	No	-	-	-	Yes	Yes